



Program Information

Nursing

Career Information

The Nursing Programs at Southside Regional Medical Center Professional Schools provides individuals with the knowledge and skills necessary to provide nursing care to individuals and groups of individuals throughout the lifespan in a variety of settings. Courses required for the diploma include content related to the physical and social sciences, the role of the nurse as provider and manager of care as well as member within the discipline of nursing. Graduates of this program are eligible to apply to take the National Council Licensure Examination (NCLEX-RN) which is required for practice as a Registered Nurse. Employment opportunities include hospitals, long term care facilities, industry, and community agencies and physicians offices.

Admission Requirements

Students must adhere to all the admission policies and requirements of

the School in addition to the following:

- Successful completion of high school algebra, an additional math course, biology and chemistry (transcripts required)
- Demonstrates successful completion of the required (See program of studies) pre-requisite courses with a 2.5 GPA or greater.
- Achieve High School level or greater on the Reading and Math Skills sections of the NET.
- Passing score on the TOEFL (if applicable).
- Negative criminal history and child protective services screen.
- Negative drug screen.

Licensed Practical Nurses who wish to enter the program may request Advanced Placement Standing. These students must adhere to all the admission policies and requirements of the School and the Nursing Programs in addition to the following:

- Achieve a minimum of 2.0 GPA on required pre-requisites (see program of studies).
- Provide evidence of one year of practice as an LPN/LVN.
- Provide a copy of a valid, unrestricted license for the state of practice.

Following acceptance into the program, all students must complete a health history, provide evidence of immunization and or/ immunization titers for measles, mumps, rubella (MMR) and Varicella, TB Screenings, submit to a drug screen, and undergo a criminal and child protective services background checks, and verify compliance with Core Performance Standards required by the Nursing Program. Students should be aware that they may have to provide fingerprints for some clinical sites. Students who refuse to offer comply with the screenings, or provide this information will be denied entry into the nursing program.

The School reserves the right to immediately dismiss students who have unsatisfactory criminal background checks and/or have falsified their application. Admission is denied if the drug screen is returned positive, or if the applicant misses the deadline for screening.

Classes are admitted twice per year, in August and January. Application deadlines are September 1 for the January class and May 1 for the August class.

In order to practice nursing, a student must obtain a license by applying for, taking and passing the National Council Licensure Exam for Registered Nurses (NCLEX-RN). Completion of course work and/or graduation from the program does not guarantee that the student will be eligible to take the NCLEX-RN. Students who may have questions regarding the criminal background check need to contact an admissions

officer in student services for further information.

Key Train Learning Program

KeyTrain is a targeted curriculum and learning tool written specifically to help people master the desired workplace skills as defined by WorkKeys®. In addition to assisting individuals to renew and expand current skills, learn new skills, and to use these skills in the types of practical situations that they will see in the health care professions, students will also be better prepared to pass the Nurse Entrance Test (NET) and achieve better grades when they are enrolled in the nursing curriculum. Classes are held at Southside Regional Medical Center in the computer lab. For more information, please contact an admissions officer at the Professional Schools.

Distance Learning

The mission of the School is to provide excellence in teaching and as such is dedicated to providing unique opportunities and creative flexible programs for students, faculty and the communities served by the School. Distance learning and the use of the most current educational technologies are part of the mission of the Professional Schools. The Nursing program offers the Registered Nursing program to students in a web based modality. For further information and class offerings, please contact the Admissions Officer at the Professional Schools, at 804.765.5787 or 804.765.5214.

Program of Studies

SOUTHSIDE REGIONAL MEDICAL CENTER SCHOOL OF NURSING 2008 - 2010

Prerequisites: (19 credits)

- ▶ Anatomy & Physiology - 4 credits
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- ▶ Normal Nutrition - 3 credits
- ▶ Writing and Research - 3 credits
- ▶ Medical Terminology - 2 credits
- ▶ Introduction to Literary Genres or Philosophy - 3 credits
- ▶ + Transition to Professional Nursing - non-credit

Term 1

- *Nursing 301 - 10 credits
- *Pharmacology 310 - 2 credits
- +*Intro Psychology - 3 credits

Term 1 Total - 15 credits

Term 2

- *Nursing 302 - 12 credits
- +*Dev. Psychology - 3 credits

Term 2 Total - 15 credits

Term 3

- *Nursing 401 - 12 credits
- *Public Speaking - 3 credits

Term 3 Total - 15 credits

Term 4

- *Nursing 402 - 12 credits
- *Gen. Sociology - 3 credits

Term 4 Total - 15 credits

Term 5

- Nursing 403 - 12 credits
- Nursing 430 - 2 credits

Term 5 Total - 14 credits

+Required for LPN's prior to entering Term II or Term III.

**Must be successfully completed prior to next term.*

All of the above courses listed must be successfully completed prior to graduation.

15 class hours = 1 credit
45 clinical hours = 1 credit

Prerequisite support courses = 19 credits
Concurrent support courses = 12 credits
Nursing = 62 credits

TOTAL = 93 credits

Nursing Course Descriptions

Nursing 301 - Foundations of Nursing

(90 class hours; 30 lab hours; 150 clinical hours = 10 credits)

This course provides individuals with Knowledge and skills necessary to deliver Nursing care to consumers in acute and skilled care settings. The nursing process is introduced as the framework for caring for individuals adapting to alterations in health. Clinical experiences focus on meeting the basic needs for mobility, nutrition, comfort, and rest. Interpersonal, psychomotor, ethical and legal principles necessary for promoting, maintaining, and restoring health or preparing for death are also introduced.

Nursing 310 - Pharmacology

(30 class hours online = 2 credits)

This course introduces the student to basic concepts of pharmacology incorporating scientific, legal, and ethical principles. Classifications are used as a framework for discussing the physiological and psychological effects of medications. Students utilize the nursing process in applying theoretical concepts of pharmacology to nursing care.

Nursing 302 – Medical-Surgical Nursing I

(105 class hours; 0 lab hours; 225 clinical hours = 12 credits)

This course focuses on the application of the nursing process and critical thinking skills to provide nursing care for the adult consumer experiencing medical-surgical health alterations. Physiological and psychological stressors accompanying illness and surgery are emphasized. A variety of medical and peri-operative clinical experiences allows the student to expand on previously acquired knowledge and skills.

Nursing 401 – Women’s Health, Pediatric & Mental Health Nursing

(105 class hours; 0 lab hours; 225 clinical hours = 12 credits)

This course focuses on the specialized needs of consumers in the health care areas of mental health, pediatrics, and women’s health. The student utilizes an established foundation of theoretical concepts and nursing skills in caring for these individuals and their families. Skills in the utilization of critical thinking, the nursing process, and therapeutic communication are expanded to address the needs of these consumers. In-patient and community settings provide a variety of clinical experiences for students

**Nursing 402 –
Medical Surgical Nursing II**

(105 class hours; 0 lab hours; 225 clinical hours = 12 credits)

This course focuses on the use of the nursing process and critical thinking skills with adults experiencing acute and/or chronic health alterations. A variety of clinical experiences provide opportunities for students to expand decision making and priority setting skills. Health promotion, restoration and maintenance are emphasized.

**Nursing 403 – Advanced Medical
Surgical Nursing & Principles of
Management**

(105 class hours; 0 lab hours; 225 clinical hours = 12 credits)

This course focuses on the application of the nursing process in the health care management of individuals and groups of patients with complex health care needs. The student builds on the theoretical, technological, critical thinking, and interpersonal skills acquired in previous courses to prioritize and provide care in collaboration with the interdisciplinary team. Application of leadership and management skills is emphasized. Clinical settings include acute care and related outpatient settings.

Nursing 430 – Professional Issues

(30 class hours online = 2 credits)

This course focuses on the evolution of nursing and factors that influence nursing and health care today. Strategies for professional and career development are explored. The student uses information systems to access resources for examining and analyzing health care issues.

**Nursing 099 – Transition to
Professional Nursing**

(non-credit)

This course introduces the Licensed Practice Nurse to concepts, principles, and skills necessary for transition into the registered nursing program. Emphasis is placed on the role expectations of the registered nurse, as they relate to the nursing process, therapeutic communication, pharmacology, and critical thinking. Learning opportunities are provided through clinical experiences and online instruction.