



Health screenings can lead to early detection of cancer and save lives. Research has now supported the screening (by low-dose CT scan) of individuals who are considered to be “high risk” for development of lung cancer. By undergoing lung cancer screening, individuals can assess their present lung status. The first step is to undergo a lung cancer risk assessment and to have a trained healthcare professional discuss your risks with you. They will also work with you to create a plan for monitoring your lung status that meets your individual needs and national standards of care.

The trained healthcare professionals at SRMC are here for you every step of the way – from helping you determine whether or not you are considered “high risk” to providing the lung cancer screening to creating an individualized plan for present and future follow-up.

For more information or assistance with screening & assessment, please call:
804-765-LUNG (5864) or 1-844-765-LUNG (5864)

Lung Cancer Screening Assessment Questionnaire

Mark **all** boxes that apply to you:

Section I

1. I have no signs or symptoms of lung cancer (asymptomatic)
2. I smoke now
3. I don't smoke now, but have smoked previously
4. I have quit smoking within the last 15 years (quit _____ years ago)
5. I am between the ages of 55 and 77 (actual age: _____)

If you have ever smoked complete the following with information about when you did smoke:

- a. I smoke(d) _____ packs of cigarettes per day
- b. I have smoked for a total of _____ years of my life

Section II

- I have been exposed to radon gas
- I have been exposed to asbestos or other cancer causing agents such as: diesel fumes, coal smoke, soot, nickel, silica, arsenic, beryllium, cadmium, or chromium
- I have a history of another type of cancer
- I have a family member who has been diagnosed with lung cancer and I am their _____
(blood relation)
- I have a personal history of lung disease
- I have been exposed to second hand smoke
- None of the above items in Section II are true for me

Please take this completed form to your physician to discuss your individual risk for lung cancer and options for creating a tobacco-free plan.